

رزومه



مهرنوش اخترى زواره

اطلاعات شخصی

- نام: مهرنوش اخترى زواره
- تاریخ تولد: 31 شهریور 1358
- وضعیت تاهل: متاهل
- تعداد فرزند: 1
- آخرین مدرک تحصیلی: دکتری بهداشت جامعه (بهداشت عمومی)
- آدرس: دانشکده بهداشت، دانشگاه آزاد اسلامی واحد علوم پزشکی تهران
- ایمیل: akhtari_mehrnoosh@yahoo.com
- Google scholar H-index=9
- Scopus H-index=6

فعالیت های عمومی (فرهنگی ، اجتماعی)

- عضو هیات تحریریه سایت خبری-تحلیلی پایک نیوز، اولین وبسایت خبری-اطلاع رسانی دو زبانه فارسی و مالایی، به آدرس اینترنتی www.paycnews.com
- همکاری با رایزنی فرهنگی سفارت جمهوری اسلامی ایران در مالزی در زمینه های مختلف فرهنگی، اجتماعی، سلامت و بهداشت و مشارکت در پروژه های علمی-تحقیقاتی:
 - بررسی میزان آسیب پذیری فرهنگی، دینی و اجتماعی جوانان ایرانی مقیم مالزی
 - نگرش جوانان مسلمان مالزی نسبت به نماز
 - نگرش نخبگان ایرانی مقیم مالزی نسبت به مولفه های هویت ملی
 - نگرش سنجی از دختران مسلمان مالزی در مورد حجاب
- انجام پژوهش برای مرکز مطالعات اجتماعی- راهبردی شهرداری تهران با عناوین:
 - توسعه اجتماعی شهر تهران و زنان: بررسی الگوی مالزی
 - توسعه اجتماعی شهر تهران و سلامت اجتماعی: نگاهی به تجربه مالزی
- مشارکت در پروژه های مربوط با اسلامی سازی دانش و انتقال تجربه مالزی در این زمینه به ایران شامل ترجمه چندین مقاله در زمینه ارتباطات و جامعه شناسی. نتایج این پروژه ها به زودی در قالب مجموعه مقالات "اسلام و ارتباطات" توسط موسسه مطالعات راهبردی منطقه ای دانشگاه جامعه المصطفی منتشر خواهد شد.

تحصیلات

- پسادکتری (Post Doc) در مرکز تحقیقات سرطان دانشگاه یو.پی.ام مالزی. شهریور 1393- شهریور 1395
- دکتری بهداشت جامعه (1392) از دانشگاه یو.پی.ام مالزی (ارزیابی شده در وزارت بهداشت)

- فوق لیسانس بهداشت جامعه (1387) از دانشگاه یو.پی.ام مالزی (ارزیابی شده در وزارت بهداشت)
- لیسانس پرستاری (1380) از دانشگاه علوم پزشکی سبزواری (دانشگاه دولتی)

دوره های آموزشی ویژه

- دوره آموزشی شیمی درمانی در بیمارستان مفید تهران (1383)
- کارگاه آموزشی ترویج تغذیه با شیر مادر در مرکز بهداشتی درمانی خواجه نوری تهران (1381)

سابقه کاری و اجرایی

- عضو هیات علمی دانشکده بهداشت و مهندسی پزشکی واحد تهران پزشکی دانشگاه آزاد. شهریور 1395-ادامه دارد.
- مسئول کمیته پژوهش در آموزش EDO دانشکده بهداشت ، دانشگاه علوم پزشکی آزاد تهران 1397-ادامه دارد
- رابط دانشگاه آزاد در مالزی. 1396/10/15- 1397/5/31.
- محقق پسادکتری (Post Doc) در مرکز تحقیقات سرطان دانشگاه یو.پی.ام مالزی. شهریور 1393- شهریور 1395.
- دستیار تحقیق (Research Assistance) در دانشکده پزشکی دانشگاه یو.پی.ام مالزی طی سال ها 1389 تا 1391.
- دستیار تحقیق (Research Assistance) در دانشکده پزشکی دانشگاه یو.پی.ام مالزی طی سالها 1386 تا 1387.
- پرستار در بخش جراحی زنان بیمارستان فرهنگیان به صورت نیمه وقت (1384)
- پرستار در بیمارستان محک (1382-1385)
- پرستار در بیمارستان شهدای تجریش (1380-1382)

جوایز و افتخارات

- پژوهشگر برتر دانشکده بهداشت، دانشگاه علوم پزشکی آزاد تهران (1397)

مقالات منتشر شده

ISI PUBLICATION (WEB OF SCIENCE)

1. **Mehrnoosh Akhtari-Zavare**, Sherina Mohd-Sidik, Ummavathy Periasamy, Lekhraj Rampal, Siti Irma Fadhilah, Rozi Mahmud.(2018). Determinants of quality of life among Malaysian cancer patients: A national study. Health and Quality of Life Outcomes. 16:163 (ISI-Cited Publication; IF=Q2=2.14).
2. Sherina Mohd-Sidik, **Mehrnoosh Akhtari-Zavare**, Ummavathy Periasamy, Lekhraj Rampal, Siti Irma Fadhilah, Rozi Mahmud. (2018). Effectiveness of chemotherapy counselling on self-esteem and psychological effects among cancer patients in Malaysia: Randomized controlled trial. Patient education and counseling. Patient Education and Counseling 101: 862–871. (ISI-Cited Publication; IF=2.2).
3. Ummavathy Periasamy, Sherina Mohd Sidik, Lekhraj Rampal, Siti Irma Fadhilah, **Mehrnoosh Akhtari-Zavare**, Rozi Mahmud. (2017). Effect of Chemotherapy Counseling By Pharmacists on Quality of Life and Psychological Outcomes of Oncology Patients in Malaysia: A Randomized Control Trial. Health and Quality of Life Outcomes. 15:104. DOI 10.1186/s12955-017-0680-2 (ISI-Cited Publication; IF=2.14).
4. **Akhtari-Zavare, M.**, Muhamad Hanafiah Juni, Salmiah Md Said, Irmir Zarina Ismail, Latiffah A Latiff, Sima Ataollahi Eshkoo (2016). Result of Randomized Control Trial to Increase Breast Health Awareness among Young Females in Malaysia. BMC Public Health, 16:738, DOI 10.1186/s12889-016-3414-1. (ISI-Cited Publication; IF=2.26).
5. Sareh Dashti, Latiffah A Latiff, Habibah Abdul Hamid, Suriani Mohamad Sani, **Mehrnoosh Akhtari-Zavare**, Azrin Shah Abu Bakar, Nur Amirah Inani Binti Sabri , Maimunah Ismail, Ali Jafarzadeh Esfehiani. (2016). Sexual dysfunction in patients with polycystic ovary syndrome in Malaysia. Asian Pac J Cancer Prev, 17(8), 3747-3751. (ISI-Cited Publication; IF=2.5).
6. **Akhtari-Zavare, M.**, Muhamad Hanafiah Juni, Salmiah Md Said, Irmir Zarina Ismail, Latiffah A Latiff. (2015). Barriers to breast self-examination practice among Malaysian female students: a cross sectional study. Springer Plus, 4:692. DOI 10.1186/s40064-015-1491-8 (ISI-Cited Publication; IF=1.13)

7. **Akhtari-Zavare, M.**, Latiffah A Latiff. (2015). Electrical Impedance Tomography as Primary Screening Technique for Breast Cancer Detection. *Asian Pac J Cancer Prev*, 16 (14), 5595-5597 (ISI-Cited Publication; IF=2.5)
8. **Akhtari-Zavare, M.**, Latiffah A Latiff., Muhamad Hanafiah Juni., Irm Zarina Ismail, Salmiah Md. Said. (2015). Knowledge of female undergraduate students on breast cancer and breast self-examination in Klang Valley, Malaysia. *Asian Pacific J Cancer Prev*. *Asian Pac J Cancer Prev*, 16 (15), 6231-6235 (ISI-Cited Publication; IF=2.5).
9. **Akhtari-Zavare, M.**, Latiffah A Latiff, Muhamad Hanafiah Juni, Salmiah Md Said, Irm Zarina Ismail. (2015). Predictors affecting breast self-examination practice among undergraduate female students in Klang Valley, Malaysia. *The Journal of Obstetrics and Gynecology Research*. DOI:10.1111/jog.12819 (ISI-Cited Publication; IF=1.08).
10. Latiffah A. Latiff , Zaidah Ibrahim, Chong Pei Pei, Sabariah Abdul Rahman, **Mehrnoosh Akhtari-Zavare**. (2015). Comparative Assessment of Self-sampling Device and Gynecologist Sampling for Cytology and HPV DNA Detection in Rural and Low Resource Setting: A Malaysian Experience. *Asian Pac J Cancer Prev*, 16(18), 8495-8501 (ISI-Cited Publication; IF=2.5).
11. **Akhtari-Zavare, M.**, Muhamad Hanafiah Juni., Irm Zarina Ismail, Salmiah Md. Said., Latiffah A Latiff. (2015). Health Beliefs and Breast Self-Examination among Undergraduate Female Students in Public Universities in Klang Valley, Malaysia. *Asian Pac J Cancer Prev*, 16 (9), 4019-4023. (ISI-Cited Publication; IF= 2.5).
12. **Akhtari-Zavare, M.**, Ghanbari-Baghestan, A., Latiffah A Latiff, Khaniki, H. (2015). Breast Cancer Prevention Information Seeking Behaviors and Interest in Cell Phone, and Text Use: A Cross-Sectional study. *Asian Pacific J Cancer Prev*, 16 (4), 1337-1341. (ISI-Cited Publication; IF=2.5).
13. **Akhtari- Zavare, M.**, Ghanbari-Baghestan, A., Latiffah, AL., Matinnia, N., Hoseini, M. (2014). Knowledge and belief towards breast cancer and breast self-examination practice among Iranian women in Hamadan, Iran. *Asian Pacific J Cancer Prev*, 15 (16), 6531-6534. (ISI-Cited Publication; IF=2.5).
14. **Akhtari-Zavare, M.**, Muhamad Hanafiah Juni., Salmiah Md. Said., Irm Zarina Ismail. (2013). Beliefs and Behavior of Malaysia Undergraduate Female Students in a Public University toward Breast Self-examination Practice. *Asian Pacific J Cancer Prev*, 14 (1), 57-61. (ISI-Cited Publication;2.5)

SCOPUS & PUBMED CITED PUBLICATION

15. Seyed Mahdi Etemadifard, Hadi Khaniki, Abbas Ghanbari Baghestan, **Mehrnoosh Akhtari-Zavare**. (2018). Iran's Social Sciences Issues in Web of Science (WoS): Who Said What? *Pertanika J. Soc. Sci. & Hum.* 26 (2): 1159 – 1174.
16. **Mehrnoosh Akhtari-Zavare**, Fatemeh Aliyan-Fini, Abbas Ghanbari-Baghestan, Sherina Mohd Sidik. (2018). Development and validation of breast cancer knowledge and beliefs questionnaire for Malaysian student population. *Pertanika Journal of Social Sciences & Humanities* 26 (4) (Scopus).
17. Abbas Ghanbari Baghestan, Aini Ideris, Hadi Khaniki, **Mehrnoosh Akhtari-Zavare**, Elaheh Farahmand. Science & Technology Diplomacy and the Power of Students: The Case of Iranian Student in Malaysia. *Pertanika Journal of Social Sciences & Humanities*. 27(1) Mar. 2019. (ACCEPTED) (Scopus).
18. Latiffah Abdul Latiff, **Mehrnoosh Akhtari-Zavare**, Ali Jafarzadeh Esfehiani, Azrin Shah Abu Bakar, Chin Yit Siew, Hamidin Awang, Siti Nur'Asyura Adznam. (2018). A cross sectional study to explore factors affecting on adolescent-parents attachment in a rapidly developing society in Malaysia. *Malaysian Journal of Medicine & Health Sciences*, 14(1): 35-43. (Scopus).
19. Seyed Mahdi Etemadifard, Hadi Khaniki, Abbas Ghanbari Baghestan, **Mehrnoosh Akhtari-Zavare**. (2018). Issues Affecting the Social Sciences in Iran in Web of Science (WoS): Who Said What? *Pertanika Journal of Social Sciences & Humanities*. 26 (2): 1159-1174. (Scopus).
20. Najat Milad Elmahdi, Latiffah A Latiff, **Mehrnoosh Akhtari-Zavare**, Maimunah Ismail, Rosliza Abdul Manaf, Azrin Shah Bin Abu Bakar. (2017). A cross -sectional Study of Ovarian Cancer Knowledge and Its Determinants among Female Employees in a Public University, Malaysia. *Malaysian Journal of Medicine & Health Sciences*, 13(3): 71-79 (Scopus).
21. Nasrin Matinnia, Faisal Ibrahim, Hejar Abdul Rahman, Amin Ghaleiha, **Mehrnoosh Akhtari-Zavare**, Ali Ghaleiha. (2017). Predictors of fear related to childbirth among Iranian primgravidae. *Global Journal of Health Science*, 9(3) doi:10.5539/gjhs.v9n3p266. (Pubmed).

22. Abbas Ghanbari Baghestan, Siska Indriyanto, Yasha Sazmand Asfaranjan, **Mehrnoosh Akhtari-Zavare**. (2016). Preferred Communication Channels Used by Students to Interact with their Lecturers. *International Journal of Innovation and Learning*, 19 (2), 227-241(SCOPUS).
23. Anis Adibah Zainal Abidin, Wan Dhiya Athira Wan Abdul Razak, Andi Angeriana Andi Asri, Latiffah A. Latiff, **Mehrnoosh Akhtari-Zavare**. (2015). Factors associated with knowledge regarding ovarian cancer and ovarian cancer screening among female staff in Universiti Putra Malaysia, Malaysia. *International Journal of Public Health and Clinical Sciences*, 2(4), 2289-7577.
24. **Akhtari-Zavare, M.**, Muhamad Hanafiah Juni., Rosliza Abdul Manaf., Irmia Zarina Ismail, Salmiah Md. Said.(2011). Knowledge on breast cancer and practice of breast self-examination among selected female university students in Malaysia. *Medical and Health Science Journal*, 7: 49-56.
25. **Akhtari-Zavare, M.**, Yunus A.M., Tajuddin S.S.H., Salmiah, B.S., Kamali, M. (2011). Cancer patients' satisfaction with communication and information given by nurses at teaching hospitals of Tehran, Iran. *Medical Journal of the Islamic Republic of Iran*, 24(4): 212-220. (Scopus cited publication).
26. **Akhtari-Zavare, M.**, Ghanbari-Baghestan, A. (2010). Iranian Student's Emotion in Government University in Malaysia. *Global Journal of Health Science*, 2(2): 72-79.(Scopus cited publication).
27. **Akhtari-Zavare, M.**, Moh Yunus, A., Hassan, S.T.S., Salmiah, S., Kamali, M. (2010). Factors associated with level of satisfaction in nursing care among cancer patients at teaching hospitals of Tehran city, Islamic Republic of Iran. *Malaysian Journal of Medicine and Health Science*, 6(2): 1-9.(SCOPUS Cited Publication)
28. **Akhtari-Zavare, M.**, Yunus A.M., Tajuddin S.S.H., Salmiah, B.S., Kamali, M. (2010). Patient Satisfaction: Evaluating Nursing Care for Patients Hospitalized with Cancer in Tehran Teaching Hospitals, Iran. *Global Journal of Health Science*, 2(1): 117-126. (SCOPUS Cited Publication).
29. Ghanbari, A., **Akhtari-Zavare, M.**, Musa, A.H. (2009). Communication Channels Used by Academic Staffs in Interacting with their students. *Pertanika journal of Social Science and Humanities*, 17 (2): 167– 178. (SCOPUS Cited Publication).
30. Latiffah Abdul Latiff, Sherina Mohd Sidik, Normala Ibrahim, et al, **Mehrnoosh Akhtari-Zavare**. (2015). Prevalence of anxiety and its association with socio-demographic factors among secondary school students in Pasir Gudang district, Johor. *International Journal of Public Health and Clinical Sciences*, 2(6), 104-112.

مقالات فارسی علمی-پژوهشی (ISC)

31. عباس قنبری باغستان؛ **مهرونوش اخترى زواره**؛ نادر آل ابراهيم. (1397). تحقيق و توسعه در حوزه "ارتباطات سلامت": يك فراتحليل از نوع علم شناسى . فصلنامه انجمن ايرانى، مطالعات فرهنگى و ارتباطات. دوره 14، شماره 52، پاييز 1397، صفحه 223-246.
32. محمد يوسف حسين؛ مترجمان: راحله ميلانى، **مهرونوش اخترى زواره**. (1393) نقش و تأثير علما بر رسانه هاى گروهى در شبه جزيره مالزى. قم : موسسه فرهنگى و اطلاع رسانى تبیان ، 1393.

کتاب منتشر شده

- **Akhtari-Zavare, M.**, and Kamali, M. (2013). *Cancer patients' satisfaction with nursing care*. Germany:Lambert Academic Publisher. 978-3-659-48681-4.

فصل هایی از یک کتاب

- **Akhtari-Zavare, M.**, Rahmati,M., & Ghanbari, A.(2011). *Academic staffs Perception of Communication Channels in Interacting with Their Students: Case of Iran and Malaysia*. In Ghanbari, A. (Eds). *Issue & Challenges of New ICT for Development*. Germany: Lambert Academic Publisher.

1. **2018**-Present: Quality of life and predictors among students in Malaysia: A comparative study with Iran. (Member, On-Going)(Approved Matching-Putra Grant). Vot Number: 9300443.
2. 1397- ادامه دارد: بررسی تاثیر آموزش از طریق تلگرام و کتابچه آموزشی در افزایش آگاهی، اعتقاد و عملکرد در رابطه با غربالگری سرطان سینه در زنان ساکن همدان (مجری، گزنت از مرکز تحقیقات علوم رفتاری و سو مصرف مواد، دانشگاه علوم پزشکی همدان)
3. 1397- ادامه دارد: بررسی شیوع و عوامل خطر ساز خشونت خانگی در زنان باردار با سطح اقتصادی و اجتماعی پائین در شهر همدان-1396 (همکار، گزنت از مرکز تحقیقات علوم رفتاری و سو مصرف مواد، دانشگاه علوم پزشکی همدان)
4. 2015- present: Geographic information assessment of cancer risk factors and environmental expose in urban development and environment settings. (Member, On-Going)(Approved Putra Grant (Young Scheme) Vot Number: 9438900.
5. 2014-2016: Effect of health educational intervention pertaining to knowledge, beliefs, barriers and practices on breast cancer screening among staff in Universiti Putra Malaysia (Completed). Leader
6. 2009-2013: Effect of health educational strategies towards breast self-examination practices among female public universities' students in Klang Valley, Malaysia (Completed) (Grant: Graduate Research Fellowship from UNIVERSITI PUTRA MALAYSIA). Leader
7. 2006-2008: Cancer patients' satisfaction with nursing care provided in teaching hospitals in Tehran, Iran (Completed)(Grant: Graduate Research Fellowship from UNIVERSITI PUTRA MALAYSIA). Leader

- پژوهش برای مرکز مطالعات اجتماعی- راهبردی شهرداری تهران با عناوین:
 - توسعه اجتماعی شهر تهران و زنان: بررسی الگوی مالزی
 - توسعه اجتماعی شهر تهران و سلامت اجتماعی: نگاهی به تجربه مالزی

1. Sarah Noman, Hejar Abdul Rahman, **Mehrnoosh Akhtari-Zavare**, Nahla Saeed Al-Wajeeh, Hayati Kadir Shahar, Suriani Ismail.(2017, 12-14 Nov). Knowledge of Breast Cancer and Breast Self-Examination Practice among Yemeni Female School Teachers in Malaysia. The 5th International Health Literacy Conference, Kuala Lumpur, Malaysia
2. **Mehrnoosh Akhtari-Zavare**, Muhamad Hanafiah Juni, Sherina Mohd Sidik. (2017, 5-6 September). Impact of a health education intervention program on breast self-examination among female undergraduate students in Klang valley, Malaysia. PUTRA CANCER SYMPOSIUM, UPM, Malaysia.
3. Latiffah A.Latiff., AKM Azhar., Vincent BY Gan, **Mehrnoosh Akhtari-Zavare.**, Mohd Roshdi Hassan. (2016, 2-4 August). Atherary decision support model for early cancer detection. 2nd International conference and workshop on mathematical analysis, Langkawi, Malaysia.
4. Latiffah A.Lattif., **Mehrnoosh Akhtari-Zavare**, Muhamad Hanafiah Juni, Salmiah Md Said, Irmi Zarina Ismail. (2015, September 7-9). Knowledge of breast cancer and breast self-examination practice among female students in public universities in Klang valley, Malaysia. Poster presented at 4TH Asian Pacific Conference on Public Health, Kuantan, Pahang.
5. **Akhtari-Zavare, M.**, Matinnia, N., Mohamadi, M., Hoseini, M. (2012, Jun 6-7). Knowledge and Behavior Regarding Breast Cancer and Breast Self-Examination Practice among Iranian Women in Hamadan, Iran. Paper presented at the International Environment & Health Conference, Penang, Malaysia.
6. Matinnia, N., **Akhtari-Zavare, M.**, Mohamadi, M.,Ghalieha, A. (2012, Jun 6-7). The Comparison of Personal, Familiar, Socio-economical Characteristics and Depression in Substance Abuse and Non-substance Abuse. Paper presented at the International Environment & Health Conference, Penang, Malaysia.
7. Mohamadi, M., **Akhtari-Zavare M.**, Matinnia N., Habibipour R. (2012, Jun 6-7). Factors That Influences on Attitude towards HIV/AIDS among High Schoolchildren in Hamedan, Iran. Paper presented at the International Environment & Health Conference, Penang, Malaysia.

8. **Akhtari-Zavare, M.**, Mohd Yunus, A., Hassan, STS., Salmiah, S., Kamali, M. (2009, November 6-8). Cancer patients' satisfaction with technical quality of nurses at teaching hospitals of Tehran city, Islamic Republic of Iran. Paper presented at the International Scientific Conference, Kuala Lumpur, Malaysia.
9. **Akhtari-Zavare, M.**, Mohd Yunus, A., Hassan, STS., Salmiah, S.(2008, August 26-27). Cancer patients' satisfaction: associated factors and level of satisfaction towards nursing care in teaching hospitals of Tehran city, Islamic Republic of Iran. Paper presented at the 15th national public health colloquium, Kuala Lumpur, Malaysia.
10. **Akhtari-Zavare, M.**1998-1999: Scientific conference as lecture under the AIDS title at Sabzevar Faculty of Medical Science, Health and treatment Services, Sabzevar, Iran.

سوابق تدریس

- مقطع دکتری ، فوق لیسانس (دانشگاه پوترا مالزی)
 - روش تحقیق
- مقطع لیسانس
 - روش تحقیق
 - بهداشت مادر و کودک
 - برنامه ملی مبارزه با بیماری های واگیر
 - تغذیه کاربردی
 - کار آموزی در عرصه
- مقطع فوق دیپلم (بهداشت خانواده و بهداشت مبارزه با بیماریها)
 - بهداشت مواد غذایی
 - تغذیه کاربردی و رژیم های غذایی با تاکید بر مادر و کودک
 - اصول و کلیات اپیدمیولوژی
 - بهداشت سالمندان
 - بهداشت دهان و دندان
 - کمک های اولیه
 - اپیدمیولوژی بیماریهای شایع در ایران
 - کارآموزی در عرصه

هیات تحریریه ژورنال

- 1397- ادامه دارد : هیات تحریریه مجله طب پیشگیری (Journal of Preventive Medicine)، صاحب امتیاز : دانشگاه علوم پزشکی و خدمات بهداشتی درمانی هرمزگان ، مجله علمی _پژوهشی (ISC)

عضویت

- 1395- ادامه دارد :عضویت در مرکز تحقیقات اختلالات رفتاری و سوء مصرف مواد دانشگاه علوم پزشکی همدان
- 1382_ ادامه دارد :عضویت در انجمن پرستاری ایران

Reviewer

1. 12/2018, AJP-2018-939, Reviewed a paper entitled, "The psychometric properties of the Persian versions of the patient health questionnaires 9 and 2 as screening tools for detecting depression among university students". ASIAN JOURNAL OF PSYCHIATRY. (SCOPUS)
2. 11/2018, BMWH-D-18-00568, Reviewed a paper entitled, "A qualitative assessment of women's perspectives and experience of female genital mutilation in Iraqi Kurdistan Region". BMC WOMEN'S HEALTH. (ISI, IF=0.48).
3. 8/2018, AJP-2018-578, Reviewed a paper entitled, "Executive functions, selective attention and information processing in patients with obsessive compulsive disorder: a study from west of Iran". ASIAN JOURNAL OF PSYCHIATRY. (SCOPUS).
4. 7/2018, BMWH-D-18-00098, Reviewed a paper entitled, "Predictors of practice of breast self-examination: a study among female undergraduates of Ebonyi State University Abakaliki, Nigeria". BMC WOMEN'S HEALTH. (ISI, IF=0.48).
5. 4/2018, BMWH-D-18-00108, Reviewed a paper entitled, "Perception of Beninese on Intimate Partner Violence: Evidence from 2011-2012 Benin Demographic Health Survey". BMC WOMEN'S HEALTH. (ISI, IF=0.48).
6. 11/2017, BMWH-D-17-00381, Reviewed a paper entitled, "My Doctors know best?: Knowledge and experiences of health care among women with breast cancer in northern Thailand". BMC WOMEN'S HEALTH. (ISI, IF=0.48).
7. 11/2017, JNHA-D-17-00414, Reviewed a paper entitled, "METABOLIC SYNDROME OF FREE-LIVING ELDERLY FROM SHARPEVILLE, SOUTH AFRICA: A PROSPECTIVE COHORT STUDY WITH 10-YEAR FOLLOW-UP". The Journal of Nutrition, Health and Aging. (ISI, IF=2.99).
8. 05/2017, APJCP-1705-1929, Reviewed a paper entitled, "Breast Cancer Trend, Incidence and Mortality in Kerman, Iran: A 14-year follow-up". Asian Pacific Journal of Cancer Prevention. (Pubmed).
9. 05/2017, APJCP-1701-1462, Reviewed a paper entitled "Clinical insights of Endometrial Hyperplasia: Current reviews & updates". Asian Pacific Journal of Cancer Prevention. (Pubmed).
10. 04/2017, APJCP-1703-1716, Reviewed a paper entitled "A Review on the Assessment of the Efficacy of Common Treatments in Polycystic Ovarian Syndrome on Prevention of Diabetes Mellitus". Asian Pacific Journal of Cancer Prevention. (Pubmed)
11. 03/2017, ASM-2017-0122, Reviewed a paper entitled "Perception of Hospital Accreditation among Different Professional Health Groups in Saudi Arabia". Annals of Saudi Arabia. (ISI, IF=0.48).
12. 03/2017, JNHA-D-17-00090, Reviewed a paper entitled "Trends in ADL Disability and Risk Factor of Chronic Conditions among Elderly Aged 80 Years and Over in China". The Journal of Nutrition, Health and Aging. (ISI, IF=2.99).
13. 02/2017, RGPH-2016-0308, Reviewed a paper entitled "Islam and Self-Care: The Role of Clergywomen in Promoting Breast Cancer Screening Among Iranian Muslim Women in Iran". Global Public Health.
14. 12/2016, 8026297, Reviewed a paper entitled "Practices of Breast Self-Examination and Associated Factors among Female Debre Berhan University Students". International Journal of Breast Cancer.
15. 08/2016, JOGR-2016-0835, Reviewed a paper entitled "Investigation of Paclitaxel-Carboplatin One-cycle Neoadjuvant Chemotherapy plus Trastuzumab in HER2-positive Breast Cancer". Journal of Obstetrics and Gynecology Research. (ISI, IF=1.07).
16. 07/2016, JNHA-D-16-00267, Reviewed a paper entitled "Relationship between total fruit and vegetable intake and self-reported knee pain in older adults". The Journal of Nutrition, Health and Aging. (ISI, IF=2.99).
17. 04/2016, FM-BMT-2016-0010, Reviewed a paper entitled "Befriend Your Boobs (BYB): A pilot study of a breast cancer education intervention presented at one NW London school". Breast Cancer Management.
18. 03/2016, ASM-2016-0091, Reviewed a paper entitled "Evidence Based Medicine: Awareness, Perceptions and Practice of Physicians from a University Hospital and Primary Health Care Centers, Jeddah, Saudi Arabia." Annals of Saudi Medicine. (ISI, IF=0.48).
19. 03/2016, FM-BMT-2016-0014, Reviewed a paper entitled "Befriend Your Boobs: An educational intervention for breast cancer risk modification and cancer prevention". Breast Cancer Management.
20. 02/2016, JNHA-D-16-00070, Reviewed a paper entitled "Risk factors for frailty in the community-dwelling elderly population. A cross-sectional study". The Journal of Nutrition, Health and Aging. (ISI, IF=2.99).

21. 01/2016, ASM-2016-0047, Reviewed a paper entitled "Evaluating the telephone interview method in complementary medicine surveys in Saudi Arabia: Pilot study". Annals of Saudi Medicine. (ISI, IF=0.48).
22. 11/2015, JNHA-D-15-00374, Reviewed a paper entitled "An investigation on factors effective on Urinary incontinence among the Malaysian elderly". The Journal of Nutrition, Health and Aging. (ISI, IF=2.99).
23. 11/2015, ASM-2015-0601, Reviewed a paper entitled "Relationship between Exposure to Second Hand Smoking and Cotinine Level in Urine of a Sample of School Children in Taif City, Saudi Arabia". Annals of Saudi Medicine. (ISI, IF=0.48).
24. 11/2015, ASM-2015-0611, Reviewed a paper entitled "The efficiency of a TBEI on the prevention of the transmission of HIV in drug addicts". Annals of Saudi Medicine. (ISI, IF=0.48).
25. 08/2015, ASM-2015-0420, Reviewed a paper entitled "An Overview of Applying Health Promotion Measures in Elderly Homes in Cairo, Egypt". Annals of Saudi Medicine. (ISI, IF=0.48)
26. 07/2015, JOGR-2015-0598, Reviewed a paper entitled "The relationship between breast cancer and use oral contraceptives in North-West of Iran. Journal of Obstetrics and Gynecology Research. (ISI, IF=1.07)
27. 07/2015, ASM-2015-0312, Reviewed a paper entitled "Assessing correlation between students' perception of the learning environment and their academic performance". Annals of Saudi Medicine. (ISI, IF=0.48)
28. 06/2015, Reviewed a paper entitled "An investigation on predictors of life satisfaction among the elderly". International E-Journal of Advances in Social Sciences (IJASOS).
29. 06/2015, JBCRS-19-15-3460, Reviewed a paper entitled "Influence of educational level on knowledge and practice of breast self-examination among women in Sokoto, Nigeria. Journal of Basic and Clinical Reproductive Sciences.
30. 05/2015, Reviewed a paper entitled "Unhealthy diet practice and symptoms of stress and depression among adolescents in Pasir Gudang, Malaysia". Obesity Research & Clinical Practice. (ISI, IF=1.17)
31. 11/2014, ASM-2014-0812, Reviewed a paper entitled "Prevalence of Depression and its Associated Factors among Secondary School Students in Southern Part of Malaysia". Annals of Saudi Medicine. (ISI, IF=0.48)
32. 2014, Reviewed a paper entitled "predictors of breast self-examination among female teachers in Ethiopia using health belief model". Archives of Public Health.

مهارت

Computer Knowledge:

- Basic of networking
- Microsoft Office (Word, Power-point, Excel)
- Statistical package for social sciences: SPSS
- Endnote

سمینارها (به عنوان شرکت کننده)

- Seminar on Health Communication. Organized by Cancer Resource and Educational Center, Universiti Putra Malaysia AND Scientific Counselor of East Asia, Iran Embassy. (2017).
- International seminar on issues and challenges of new information and communication technology: sharing experiences on using ICT for development. (UPM)
- Seminar on child nutrition and health. Organized by Faculty of medicine and health science, Universiti Putra Malaysia.

کارگاه های آموزشی (به عنوان شرکت کننده)

- Increasing the impact of research: strategies and practical guidelines for universities and research institutions. (20 February 2017, UPM)
- A comprehensive workshop on applied statistics (2, 9, 16, 23 October 2016, Universiti Teknologi Malaysia).
- Ref-works Software seminar (26 October 2010, UPM)
- Step- by-step approach to manuscript writing and publishing seminar (6 May 2011, UPM)
- Enhance presentation skills seminar (31 March 2011, UPM)

- Guild to thesis writing seminar (24 March 2011, UPM)
- Enhancing negotiation skills seminar (18 March 2011, UPM)
- Research proposal writing for social sciences seminar (11 March 2011, UPM)
- Write right: Avoiding plagiarism seminar (25 January 2011, UPM).
- Strategies for manuscript preparation and submission seminar (30 November 2010, UPM).
- Scientific writing seminar (4 August 2010, UPM).
- Technique and skill improvement in using the integrated SAS and Excel packages in data handling, statistical analysis, the analysis output and interpretation (26-27 May 2009, UPM).
- Endnote workshop (12 May 2009, UPM).

کارگاه های آموزشی (به عنوان سخنران)

- برگزاری کارگاههای آموزشی برای خانواده های ایرانی مقیم مالزی با همکاری رایزنی فرهنگی ایران شامل: (1392-1393)
- پیشگیری از انتقال الودگی و بیماریهای واگیردار در مدارس
 - بیماری ایدز و راههای انتقال ویروس اچ.ای.وی
 - آزمایش و روش های تشخیص سرطان سینه

Letter of Appreciation

- Coordinating Iranian high academic visit to Malaysia (visit and discussion with Ministry of Higher Education and 5 top Research Universities in Malaysia), 3-6 May 2016.
- Active participation, contribution and support towards the success of PMCare Sdn Bhd, wellness program and health exhibition on 29 July 2015. Kuala Lumpur, Malaysia.